

Acorn Newsletter June 2007



Sherwood Cycling Club

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New members joining in the last month are Greg Penson and Mark Burgoyne.

Dawn, Cathryn and Iain Dowlman send their thanks to Club Members for their cards, messages of sympathy and donations to Cancer Research following Alan's death.

More sad news is that Barry Fisher has died. Barry only rode with us for a couple of years but took part in Club Runs, Dave Gartside's tour of the Alps in 2005 and the Edale YH trip. In this time he made a great impact on all those with whom he rode. Sympathies to Tanya and family.

RACING NEWS

In the South Pennine 25 Matt Shaw hit excellent form doing 56:35 and Steve Walsh did 1:06:17. Steve also did 27:51 in the Matlock 10. Nigel and Giles White rode the Rudy Project Vets' 13-mile event at Beckingham in 29:11 (3rd) and 31:10 (12th) respectively. Giles rode the National 10 and was disappointed with his 23:35. Dave Woodward did 23:25 in the Coventry CC 10, 23:29 in the VTTA Champs 10, 1:16:47 in the VTTA N. Mids 30 where he picked up a prize for 5th on Standard Time and 58:35 in the Holme Valley Whls 25. Woody and Giles rode the Zenith 17-mile 2-up in 39:23 for 11th spot.

Paul Fostun is now a member of British Cycling's Talent Team and at the very last minute was picked to ride in the East Mids Team in the Isle of Man Youth Tour. Starting with a Prologue TT then a road stage and two criteriums Paul finished 38th overall and had a great time. He has also raced at Mallory and Shrewsbury getting 4th and 5th.

Joe Peake was 8th in the Trek Marathon 25km MTB Race and 12th in the Cross Country event.

Rob Godfrey took 3rd in the Velo99 RR at Norwell and completed the 180km CiCLE Classic Sportive in a remarkable 5:33.

FIRST 25-MILE T.T SUNDAY 13 MAY

On a cool cloudy morning with rain just three riders Giles was fastest and best on Handicap.

Timekeeper handicapper Wayne Bradley

Name	Actual Time	H/Cap	H/Cap Time	Points
Giles White	1:00:58	SCR	1:00:58	8
Paul Monaghan	1:01:37	-	-	3
Craig Watson	1:06:54	3:00	1:03:54	5

SECOND 25-MILE TIME TRIAL SUNDAY 20 MAY

Good conditions for the 2nd 25 with Nigel winning on his road bike and Matt nor far behind. Craig won the handicap.

Timekeeper/handicapper Wayne Bradley.

Name	Actual Time	H/Cap	H/Cap Time	Points
Nigel White	59:15	-	-	4
Matt Shaw	1:00:30	SCR	1:00:30	6
Craig Watson	1:02:33	3:30	59:03	6
Simon Hookway	1:04:52	2:30	1:02:22	2
Mike Hankin	1:06:41	-	-	1
Alisdair Simpson	1:07:51	-	-	1

OXTON BANK CIRCUIT 27 MAY – rained off, no takers.

ACORN POINTS TROPHY

Craig has now extended his lead over Nigel. Details:

Craig Watson 30; Nigel White 19; Giles White 14; Martin Edjvet 13; Matt Shaw 12; Darren Hodgkinson 9; Simon Hookway 8; Anton Newell 7; Paul Monaghan 6; Matt Hemsley and Alisdair Simpson 4; Mike Hankin 3; Ian Hales, Dave Ashcroft and Tony Pickance 2.

CLUB BEST ALL ROUNDER

Based on the average of the average speeds in the Circuit TTs, Club 25s and Club 10s.

The current standings are shown in the table.

	Circuit TT	'25'	'10'	BAR Speed
Nigel White	24.473	25.316	28.059	25.950
Matt Shaw	24.291	24.793	26.106	25.064
Giles White	23.825	24.604	26.316	24.915
Paul Monaghan	23.599	24.344	26.125	24.689
Craig Watson	22.706	23.981	24.624	23.770
Mike Hankin	22.381	22.494	23.936	22.937

CLUB NIGHTS

Meeting at the Arnold & District Victory Club, Church Drive East, Arnold. As you head from Sainsbury's in Arnold towards Arnold centre Church Drive East is the first road on the left. Click this link for a map or view <http://tinyurl.com/ykzvku>

The next club nights are on Mondays 25 June and 30 July from 7.30 p.m.

CLUB RUNS

Saturday Club Runs leave Lowdham at 9.45 a.m. Sunday runs meet Shearing Hill/Burton Rd junction at 9.00 a.m. leaving 9.10 a.m. Wednesday runs meet at Lowdham 9.15 a.m. prompt.

CLUB SOCIAL NIGHT SATURDAY 26 MAY 2007

This was a successful and entertaining evening with quite a good attendance. Thanks to Jim Hollands for organising and the Bingham Folk Club for coming along to entertain and Harvey Maddock for providing the venue. The raffle raised £36 for the Air Ambulance.

Anyone is welcome to go along to the Bingham Folk Club at the Town Pavillion, Brendon Grove, Bingham where singers nights are held most Fridays from 8.30 p.m. admission £2. See <http://christine.mcnaair.co.uk/index.htm> for more details.

GO-RIDE YOUTH COACHING

After much hard work a new venue has now been found for the Go-Ride sessions at the Paviers Rugby Club at Burntstump Hill (follow signs for the Cockcliffe Hotel).

The aim is to develop Mountain Bike, Cyclo-cross and general off-road riding skills to riders in the age group 8-12 using qualified coaches. This should mean more young riders being brought into cycling for both sport and leisure.

The sessions are planned every Wednesday 7.00-8.30 p.m. There is a modest charge of £1 per rider who need to also bring a bike, helmet and drink.

Places can be booked by contacting Jon or Keith.

Jonathan.Hunt@capitalone.com Tel: 07792 755805
keithstocker@britishcycling.org.uk Tel: 07793 844652

Please pass this information on to any prospective participants.

FORTHCOMING TIME TRIALS

The next Club 25-mile time trial is on Sunday 8 July. The start is in Barnstone Village at 9.00 a.m.

<http://www.bikely.com/maps/bike-path/A25-2-Granby-25-mile-time-trial-course>

Remember to bring a completed CTT Entry Form to each event so that you can get a handicap allowance. The entry fee is £1.50 (under 16, 50p). To save paying every time you can prepay with a season ticket for £20 (under 16, £5) and this covers all Club TTs including Evening Tens.

Tuesday Evening Tens – 6:45pm Start – Start at lay-by on A6097 about 0.6 miles north of Oxtan Island until 14 August. Enter on the line, no form needed.

<http://www.bikely.com/maps/bike-path/Sherwood-CC-Club-10-mile-course>

Matt Shaw is running the Open 25 (slowest 120 riders) on Saturday 23 June and Jon Hunt (with Trev Adams taking over on the day) is running the Open 10 on Saturday 30 June.

Entry forms and fee of £7 should be sent to arrive by the Tuesday 11 days before the event (don't leave it until the last minute though!).

Matt Shaw, 19 Belfry Way, Edwalton, Nottingham NG12 4FA Tel:0115 9140708
Jon Hunt, 8 New Row, Woodborough, Nottingham NG14 6DT Tel: 0115 9654044

The BDCA 50 on 10 June was allocated as the Club 50 Championships but has been cancelled because of road works.

As an alternative the North Notts Olympic RC 50 is on 7 July. Subject to confirmation this will be the new Club Championship for the Judge Trophy. Entries £6.50.

Event Secretary (new address not as in handbook):

Mr Mark Gidney, 81 Nutley Lane, REIGATE, Surrey RH2 9AH
01737 228 367 (H), 07787 558 665 (M), 01737 228 361 (W), mark.gidney@route365.com

HELPERS AT OPEN EVENTS - Dave Gartside

Sherwood's new system of expecting everyone to take turns at helping is being put into practice. It is hoped that no one, other than volunteers, will have to help more than once every two years. The following people, I hope have agreed so far.

Helpers will be contacted nearer the time by the event organiser who will allocate the duties and explain to members new to helping.

If I have made any mistakes then please let me know as soon as possible.

Dave Gartside 0115 9525881 or d.gartside@ntlworld.com

The next event that will require helpers is the ANDCC Lighthouse 25 starting 9.00 a.m. on Sunday September 16th. Let me know if you would like to help out and to choose a job.

Saturday 23rd June 5pm. Open 25

Dave Bostock
Chucks Anugwom
David Ashcroft
Lesley Cliff
Nicola Watson
Nigel White
Alasdair Simpson
Giles White
Paul Monaghan
Michael Billig
Chris Draper
Clive Bergman
Mike Hankin

Saturday 30th June 5pm Open 10

Roy Elliot
Frank Beale
Matt Helmsley
Paul Wilson
Peter Thouless
Tony Berresford
Ian Hales
Steve Butler
Verity Butler
Martin Edjvet
Jude Stevens
Don Cunningham

EVENING TENS LEAGUE

Nigel is still leading with seven winning rides out of seven but Andy (2nd Claim so not scoring) has been faster each time he has ridden.

Comeback rider Chris is leading on handicap but the position is still close with nine riders within 5 points.

Points for both fastest and handicap are awarded on the basis of 6 for first down to 2 for fifth and then one point for all other finishers. Only the best ten scoring rides to count.

No change in the Junior League this month.

	1 May	8 May	15 May	22 May	Act. Pts.	H/C Pts.
Verity Butler					1	0
Lesley Cliff	33:02		31:34		4	8
Chris Draper	28:35	28:11		27:13	5	15
Martin Edjvet	25:58	25:41	25:16	25:44	7	12
Ian Hales	25:13		24:31	24:33	6	12
Mike Hankin	26:10	25:39	25:44	25:16	7	11
Matt Helmsley	27:15	26:21		26:29	6	12
Darren Hodgkinson					3	6
Gisli Jenkins	26:34	25:27			3	11
Phil Marren	27:35	27:30			4	3
Paul Monaghan	23:53	23:08	23:26	23:42	20	8
Anton Newell		24:58	25:13		5	12
Tony Pickance	27:45				2	1
Matt Shaw	23:35		22:59	22:58	24	10
Phil Shaw	25:49			25:30	2	1
Mick Swords		29:39			3	6
Peter Thouless				27:19	1	0
Pete Walton	24:31				2	0
Craig Watson		24:58	24:49	24:10	7	4
Giles White	23:38	23:06	22:49	22:54	34	12
Nigel White	22:22	22:37	21:23	21:44	42	8
Nick Wight	27:48				3	2
Dave Woodward	24:50	24:16	24:13	24:06	13	13
2nd Claim						
Andy Proffitt			21:13	21:29		
Juniors						
Matt Fostun					6	0
Paul Fostun					11	6