

Acorn Newsletter July 2008



Sherwood Cycling Club

President: Mr Frank Beale

Web site: www.sherwoodcc.org.uk

Forum: <http://forum.sherwoodcc.org.uk>

Editor, Ed Ward, 52 Shearing Hill, Gedling, Nottm NG4 3GX Tel. 9615477 edwinward@btinternet.com

Secretary, Dave Gartside, 141 Kent Road, Mapperley, Nottm NG3 6BS Tel 9525881 d.Gartside@ntlworld.com

Treasurer, Martin Edjvet, 5 Fourth Avenue, Sherwood Rise, Nottm NG7 6JB Tel. 9620572

martin.edjvet@nottingham.ac.uk

Membership Sec. Robert Godfrey, 6 Regents Place, Wilford, Nottingham NG11 7AY Tel. 9815226

e-mail_membership@sherwoodcc.org.uk

New members this month are Andy Greenstreet, Richard Thompson, Mike Mitchell and his 8-year old son Josh.

GO-RIDE

The skill training sessions for youngsters aged 8-12 on Monday evenings at Carlton-le-Willows School playing fields, Wood Lane, Gedling have been successful with up to 18 riders. These continue until 14 July.

Further events may take place during the school holidays. We may get hold of some bikes for use in these sessions.

To book a place, please call or email Simon or Craig. Book early to avoid disappointment.

simon@sherwoodcc.org or Tel: 07920-764566; craigwatson@ntlworld.com Tel: 07824-3553732

The sessions are designed to be fun whilst developing fitness and skills and cost a nominal £1 per rider. All that is needed is a working mountain bike, a helmet and a drink. A parental consent form also needs completing. Download a form at:

<http://www.sherwoodcc.org.uk/documents/ParentalConsent.pdf>

If anyone has any old club jerseys (especially small ones) that they no longer need please donate them for use as loan jerseys for any youngsters who may start racing for the Club.

ROAD RACES AT NOTTINGHAM UNIVERSITY SUNDAY 10 AUGUST

Go-Sport Spex CC is running a new British Cycling event on a 1.8-mile circuit within the University of Nottingham. The circuit is said to be quite tough with a couple of climbs. Refreshments, changing rooms and showers are all on site.

There will be 2 races, the first starting at 11am will be the 3/4/W/J category race will be 40 minutes plus 5 laps, then at 1pm the 1/2/3 category race covering 1 hour plus 5 laps. The race will be held on a virtually closed road circuit within the University of Nottingham. The race has a healthy prize list but is still looking for more as well as any helpers and of course lots of spectators.

Entry Fee £13 or £17 EOL to Rod Perez, c/o 14 Main Street, Goadby Marwood, Melton Mowbray LE14 4LN

RACING NEWS

Last month, I missed out a couple of fine rides by Matt Shaw - 55:12 in the VTTA 25 and a pb 53:30 in the South Pennine 25.

Dave Woodward did a pb 1:57:39 in the API 50 but was less pleased with his 4:21:15 in the BDCA 100.

The E. Mids Divisional Champs was won by Dave Clarke, Team Lacuna from Matt Jennings (started with Sherwood). Second Claim member Steve Adams was 11th, Matt Fostun 18th (after an early puncture) and Ian Church 26th. Rob Godfrey was 3rd in his group in the Velo 99 race at Granby. Paul Fostun won the Youth Heanor Clarion Circuit race and was 7th at Mallory on 24 June when all categories rode together in race won by Steve Adams. Matt Fostun was 10th in the first stage of the Pedal Power Stage Race in Leicestershire.

Darren Hodgkinson was 6th in his Group in the Alford Whls and 8th in the Severn Stoke LVRC road races. A number of our riders have been riding these events recently. The races give a high standard of road race for veteran riders at a reasonable cost, although Pete Walton seems to puncture every time he rides!

In the Heanor Clarion Summer Cross at Shipley park, Scott Hookway finished 2nd in the Under 12s while Simon was 14th in the Seniors.

Nobody entered the BDCA 50 so we do not have a Club 50 Champion this year.

The Open 10 organised by Giles White had decent weather and was won by James Perkins in 19:50. Sherwood times were Matt Shaw 22:02, Craig Watson 23:36, Simon Hookway 23:07 and Steve Walsh 24:43. Full results at :

<http://www.cyclingtimetrials.org.uk/results.asp?Month=200806&Page=2&ID=53101>

The Open 25 organised by Matt Shaw also went despite the weather. Rain held off but the wind made it difficult. Darren Buckby, riding for Nottingham Clarion, was a worthy winner with 53:36. Our riders' times were Matt Shaw 56:41 (12th), Gisli Jenkins 58:16 (first time under the hour) Giles White 59:53, Dave Woodward 1:00:04, Mike Hankin (PB) 1:00:14, Simon Hookway 1:00:23, Craig Watson 1:02:32, Martin Edjvet 1:04:57 and Steve Walsh 1:05:07. Full results at :

http://www.sherwoodcc.org.uk/downloads/Results25TT_210608.pdf

CLUB RUNS

Saturday Club Runs leave Lowdham at 9.45 a.m.

Sunday runs meet Shearing Hill/Burton Rd junction at **9.00 a.m.** leaving 9.10 a.m

Wednesday runs meet at Lowdham 9.15 a.m. prompt.

CLUB NIGHTS

Meeting at the Arnold & District Victory Club, Church Drive East, Arnold from 7.30 p.m. Click this link <http://tinyurl.com/ykzvku> for a map. The next club nights are on Mondays 28 July and 18 August.

COTTON RACING CAPS

The cotton racing caps in club colours have been selling so well I only have two spare left. The price of these is £7.50. If there is sufficient demand I can order some more (minimum order is 20) and delivery is only a few weeks. Contact Ed Ward if you need any Club kit.

SKEGNESS RACE 7.30 A.M. SUNDAY 7 SEPTEMBER 2008

A coach has been booked to accompany the annual time trial to Skegness and bring back riders and supporters.

The fare for coach has been pegged at £12 to encourage support provided you have booked and paid by 30 August. Last minute bookings, if available, will cost £15. Paul Wilson, 19 Lascelles Avenue, Gedling NG4 4GB tel. 0115 9614098 will take bookings (cheques to Sherwood Cycling Club).

ORGANISERS WANTED

Matt Shaw is stepping down from organising the Open 25 next year. We urgently need a volunteer to take over if we are to continue. Any alternative ideas for an event will be considered.

The Central District is also looking for an organiser for a round of the Rudy Project series (Craig ran the event earlier this year).

The details have to be finalised by the end of the summer so we need a name and details quickly.

CLUB RACING

The next two 25-mile time trials are on Sundays 6 July and 20 July. Roadworks on Granby Lane have forced a move of the event on 6 July. It will now be based on the Circuit TT course. Start at lay-by north of Oxton, two laps of the Circuit TT, then back up to North Gate, turn round the Island back to Oxton Island straight on to finish. The one on 20 July is the Club Championship on the A25/25 at Cromwell for the Albert Sharpe Memorial Trophy and the winner on handicap gets the Halford Trophy (an entry form is needed to qualify!)

Remember to bring a completed CTT Entry Form to each event so that you can get a handicap allowance. The entry fee is £2.00 (under 16, 50p).

Tuesday Evening Tens start at lay-by on A6097 about 0.6 miles north of Oxton Island at the new time of 7 pm. We revert to 6.45 pm for the last 2 events (12 & 19 August). The event on 24 June is the Club Championship for the John Watson Trophy. View course on <http://www.bikely.com/maps/bike-path/Sherwood-CC-Club-10-mile-course>

SECOND 25-MILE TIME TRIAL SUNDAY 1 JUNE 2008

Another chilly morning with a few spots of rain on the Granby circuit saw just 2 riders turn up. Gisli beat Craig by 4 minutes.

Timekeeper was Wayne Bradley

Name	Time	H/C	H/C Time	Acorn Points
Gisli Jenkins	1:02:42	--		4
Craig Watson	1:06:58	Scr	1:11:34	7

CLUB BEST ALL ROUNDER – CURRENT STANDINGS

	Circuit TT	'25'	'10'	BAR Speed
Gisli Jenkins	24.048	23.923	26.568	24.847
Craig Watson	22.333	22.399	24.708	23.147
Mike Hankin	22.500	22.075	24.573	23.049
Matt Hemsley	18.219	20.959	23.077	20.752
Lesley Cliff	18.858	17.195	19.241	18.431

ACORN POINTS TROPHY

This competition is based on points in Club Events. 4, 3 and 2 points for the first three on actual time and on handicap time. All other finishers get one point. Trophy to the overall winner.

Mike Hankin 24; Gisli Jenkins 19; Matt Shaw and Craig Watson 13; Matt Hemsley 12; Giles White 8; Steve Walsh 5; Joe Gosling and Nigel White 4; Martin Edjvet, Matt Fostun, Darren Hodgkinson and Lesley Cliff 3; Rob Stevens and Chris Draper 2; Simon Hookway, Anton Newell, Phil Shaw and Chris Dale 1.

EVENING TENS LEAGUE

The event on 24 June counted as the Club Championship and Nigel managed to retain his title and the John Watson Trophy. Gisli rose to the occasion knocking a minute off his PB to finish just three seconds slower. Consistant Darren was another 11 seconds slower in third. Matt should have been there contending but he had to stop and replace his derailed chain and then gave up.

However, Matt has the consolation of still leading the fastest league 7 points in front of Darren.

In the handicap section John is just one point ahead of Gisli and Darren.

The best ten scoring rides count so there is still everything to play for.

Chris Dale now leads the Junior League in both sections.

Note that the events are now starting at 7 p.m. but will revert to 6.45 p.m. on 12 August.

	3 June	10 June	17 June	24 June	S	H
Verity Butler					1	0
Lesley Cliff					6	13
Neil Copland		25:31			4	12
Cameron Davis		29:11	30:00	28:25	10	17
Chris Draper		26:02			6	16
Martin Edjvet		26:03	26:37	25:12	4	7
Matt Fostun					8	1
Pete Fostun		26:30	26:45	25:46	10	19
Chris Frost				27:31	3	3
Liz Green-Davis			31:31	31:22	7	14
Ian Hales		26:44		25:57	5	4
Mike Hankin	26:18	24:42	24:25	24:28	24	18
Matt Hemsley	27:07	26:22	26:12	26:00	13	15
Darren Hodgkinson	24:06	22:41	22:54	22:46	40	23
Simon Hookway	24:43	24:36	24:24	23:58	12	16
Gisli Jenkins	24:04	23:13	24:09	22:35	38	23
Paul Knowlton		28:06	28:43	27:32	4	7
David Moutrie	29:18				2	2
John Phimister	25:06	25:21	25:46	25:40	12	24
Matt Shaw	23:40	22:48	22:51	23:59	47	8
Phil Shaw		25:06		25:03	5	9
Dave Taylor					1	0
Pete Walton					1	0
Craig Watson		24:21	25:00	24:17	17	19
Giles White	26:36	23:15	23:29	23:07	28	19
Nigel White				22:32	28	10
Dave Woodward			24:56	24:17	9	6
JUNIORS						
Chris Dale		25:35		25:32	18	12
Paul Fostun					12	6

GREAT NOTTINGHAM BIKE RIDE SUNDAY 22 JUNE

We had quite a few riders in all three distances this year.

Youngest, that I know of, was Esme Savage (age 8) in the 18-mile event. Well done Esme.

I saw Peter Clark for the first time for some years getting towards the end of the 50-miler. Young Joe Gosling was disappointed to find the 100-miler was only about 87 miles. He had sufficient energy left afterwards to beat James Cracknell's time on a stationary bike test before riding home.

CLUB DINNER

The next Club Dinner is booked for Saturday 7 Feb. 2009 at the Ramsdale Golf Club, Calverton.