

# Acorn Newsletter

August 2009



## Sherwood Cycling Club

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Walt Wilson, one of our Vice Presidents and member for many years, has recently died after a long illness. Our deepest sympathies go to his wife June and the rest of the family.

### **CLUB MEETINGS 2009 AT ARNOLD VICTORY CLUB**

Club nights and open Committee Meetings are held monthly on Mondays from 7.30 p.m. at the Arnold & District Victory Club, Church Drive East, Arnold from 7.30 p.m. The next meetings are 24 August and 28 September. Click [here](#) for a map.

### **CLUB RUNS**

Sunday runs meet Shearing Hill/Burton Rd junction at **9.00 a.m.** leaving 9.10 a.m Wednesday runs leave from Lowdham War Memorial 9.15 a.m.

Sunday 2 August is the monthly venue of the Kingfisher Café near Sibthorpe where anyone can meet up with the Club Run.

The Saturday Easy Run meeting at Lowdham 10.00 a.m. has been very successful so far with up to 10 riders. Distance from and back to Lowdham is 20-30 miles with a café stop. Ideal ride for someone to bring out a youngster – Tom Whiting was out with his dad Graham recently – or anyone who wants (or needs!) an easy sociable ride.

### **GO-RIDE**

The sessions at Carlton Forum continue on Monday evenings from 7 p.m. Coach Dave Carter has been sidelined for a while after being knocked off his bike. Let's hope for a speedy recovery.

### **OPEN 10 SATURDAY 25 JULY 2009**

Martin Edjvet's first promotion was very successful blessed with a full field and decent weather for a change. Matt Sinclair headed the fast field with 19:37. Our riders were Gisli Jenkins 21:38, Giles White 21:49, Matt Shaw 21:52, Simon Hookway 22:25, Craig Watson 22:59 and Steve Walsh 23:18. Dave Woodward was DNF after a puncture and Matt punctured when warming up so couldn't use his rear disc wheel.

Thanks to all the marshals and helpers who turned out to ensure a good event.

## **RACING NEWS**

At Darley Moor on 4 July Katie Weeds was best in the girls under 14, Tom Weeds was 2<sup>nd</sup> in the U12 and Scott Hookway 3<sup>rd</sup> in the U10 boys after mechanical problems. Scott got a Trophy for winning the overall series and Tom was 2<sup>nd</sup> overall.

Saturday 11th July Curborough - Scott was on good form with his bigger and better Islabike. He won the U10 Time Trial by 4 seconds with a strong ride on a damp track. Unfortunately Callum crashed on his ride and had to retire from the other races. Scott had a tough race in the long U10's RR with one rider attacking from the start. There are lots of strong riders in the West Mids from Lichfield City, Halesowen etc. The group rode hard to pull the escapee back with 1 lap remaining. Ended in a bunch sprint with Scott winning by half a wheel. Best race of the day and much quicker than the U12's. The final race was a 5 lap sprint - same lad attacked from the start, again getting brought back with 1 to go. This time Scott went for his sprint early and just got caught on the line and took 2nd. Exciting Stuff!

Saturday 18th July Yarborough - Scott and Callum again flying the Sherwood colours. Scott was the only competitor in the U10's so rode in the U12/14/16's race - struggled a little as it was for 54 mins but rode well for 3rd of the U12's, falling back in the last 5 laps. Callum was a little off his usual pace, still feeling the effects of 2 recent crashes but held on to the finish. In the U12's sprint races, Scott finished a fine 2nd in the 1 lap dash and put in another strong ride in the 6-lap sprint race, taking 2nd in the sprint finish.

At Curborough on Saturday Scott won all 3 of his U10 races. He won the time trial by 7 seconds, and then won both the long and sprint circuit races in a similar fashion by attacking after 2 laps and then solo-ing to the finish to win each race by some 200 metres. Good quality field too with the usual riders from Lichfield City/Halesowen and Solihull CC.

Same bunch of kids for the Leicester City centre races on Sunday. Again Scott attacked with a lad from Welland Valley CC on the second lap who seemed to tire so Scott pushed on again winning on his own at the end by 100 metres or so. Obviously got great form at the moment!

*Written by Simon Hookway*

Callum Bramley had another 2<sup>nd</sup> place at Mallory on 30 June.

Ed Parker has started racing again after a 5-year break and is showing he still has the ability he showed as a junior when he recently rode the Curborough Circuit Races series of three races where he won overall after two wins and a second place.

Ian Church came 21<sup>st</sup> in the BC National Masters (40+) Championship.

In the Team Swift 25 on 12 July Matt Shaw did 55:51, Simon Hookway 57:18, Dave Woodward 1:00:31 and Martin Edjvet 1:00:31.

## **SECOND CLUB 25-MILE TIME TRIAL SUNDAY 5 JULY**

Despite a nice sunny day for this event on the Granby course we only had three riders. Ian was fastest and Steve best on H/C.

Wayne Bradley was assisted by Jim Hollands in timing.

Name	Time	H/C	H/C Time	Acorn Points
Ian Hoggarth	1:02:04			4
Steve Walsh	1:04:30	Scr	1:04:30	7
Lesley Cliff	1:22:34	16:00	1:06:34	5

## **AN EVENING WITH BARRY HOBAN**

Ashfield RC have arranged for Barry Hoban to give a talk at the Underwood Miners Welfare on Friday 2 October. Tickets are £5 including a buffet and can be obtained from Scott Gamble at Pro Bikes, Annesley Road, Hucknall tel. 0115 9561955.

Barry Hoban was successful pro rider on the Continent in the sixties with TdF stage victories.

## CLUB TIME TRIALS

The Club 25-mile Championship is on Sunday 2 August using the Cromwell course [A25/25](#) starting at 9.00 a.m. The Club Champion wins the Albert Sharp memorial Trophy and the winner on handicap time gets the Halford Trophy.

The 50-mile Championship is incorporated in the BDCA 50 on 8 August – you should have entered it by now.

Tuesday Evening Tens start at the lay-by on A6097 about 0.6 miles north of Oxton Island start time is 7 p.m. on 4 August but the last two events on 11 and 18 August are at 6.45 p.m. From the lay-by head north on A6097 to Northgate Island, left on A614 to Longdale Island. Circle island and retrace on A614 to Northgate where turn right with care (move out when clear and then give way to traffic on your left at “give Way” sign). Follow A6097 south past the start to Oxton Island, straight on and finish about 0.6 miles from the island. After finishing turn left into side road that leads back to Oxton. [Ten course link](#). Entry forms not needed - just sign on.

Except for Evening Tens to get a handicap allowance bring a completed CTT Entry Form to the start. The entry fee is £2.00 (under 16, 50p). To save paying every time you can prepay with a season ticket for £25 (under 16, £5) and this covers all Club TTs including Evening Tens. Under 18s must have a signed Parental Consent Form and all riders should be members of a CTT affiliated Club (such as Sherwood CC). This is for insurance purposes.

## EVENING TENS LEAGUE

I shouldn't have mentioned the better weather last month – it has rained every Tuesday during July keeping the numbers down.

Matt Shaw has maximum points in the Senior Fastest League and cannot be caught. Gisli lies second.

In the Handicap League Verity leads by 2 points from Mike with Martin and Matt close behind.

Joe is unopposed in the Junior Leagues.

Start on 4 August is at 7 p.m. but then the last 2 events on 11 and 18 August start at 6.45 p.m. as daylight is limited.

	30 June	7 July	14 July	21 July	28 July	S	H
Trevor Adams						4	3
Verity Butler			26:22	27:25		15	36
Andy Clarke						1	0
Ian Church						2	0
Lesley Cliff						8	16
Neil Copland	25:04					12	8
Cameron Davis	28:29	28:05		28:22	30:00	13	28
Chris Draper						2	1
Martin Edjvet	25:18		25:34		24:51	12	30
Matt Fostun						1	1
Pete Fostun	24:39					10	17
Chris Frost						2	6
Liz Green-Davis						1	0
Andy Greenstreet	26:08				27:32	10	14
Ian Hales						7	22
Mike Hankin	23:26		23:28	25:04		39	34
Matt Hemsley	25:41				26:40	10	17
Ian Hoggarth		23:46			23:33	12	14
Gisli Jenkins	22:34	22:37	23:00		22:38	54	14
Mike Mitchell	28:34	28:22		29:40		9	27
Richard Newton	26:37		26:52			6	5
Chris Pearson						1	0
Matt Shaw	22:15	22:34	22:03		22:12	60	30
Andrew Thompson	23:47					5	11
Pete Walton						1	0
Craig Watson	24:38				25:05	25	21
Giles White	23:31					42	22
Nigel White	22:46					9	6
Dave Woodward	24:26	24:34	24:42		24:33	17	26
<b>JUNIORS</b>							
Joe Gosling		24:38		24:19		60	54
<b>2<sup>nd</sup> CLAIM</b>							
Andrew Jackson			23:11				

## **STARTING OUT (Ed Ward pre Sherwood)**

It is pleasing to see what is available to support young riders getting into cycling with Go-Ride, Youth Races on circuits (Darley Moor, Mallory etc) and then the Notts & Derby Cyclo-cross League. All these things provided by dedicated volunteers and backed by British Cycling with parental support of course. However, it has not always been the case. I can relate back to when I started (just within memory limits) and I will try not to lapse into a Pythonesque Yorkshire accent in describing those days!

My early days were hampered by the lack of a bike but, when I was 10, my eldest sister let me use her Raleigh all-steel girl's bike with a hub gear. Together with my 11-year old brother and another lad we started our own little group with a rides to Papplewick and Loughborough. Then came Derbyshire – Matlock Bath – it took about 4 hours each way, walking up the hills. Traffic was much lighter then but can you imagine such a thing now?

These rides continued for a bit but then I outgrew and wore out the bike and did things like rock climbing, pot holing and fishing instead. I still wanted to cycle and my brother and I were promised bikes for our 15<sup>th</sup> birthdays. When I was 14 my brother had his bike and while to see Forest play on a Saturday I used to nick his bike (a £15 second hand Hetchins) for a ride.

On my 15<sup>th</sup> birthday I got my bike again £15 and second hand. A “Speedy” 10-speed with mainly steel parts. I did some local rides but wanted to go further but none of my mates were that interested. I'd been on a school trip to Castleton and one day decided to ride there. I went by Matlock and Monsal Head to the Winnats Pass, looked at my map and saw Sparrowpit so I went there. Then I saw signs for Chapel en le Frith – sounded exotic so I carried on. I hesitated on seeing signs for Glossop and thought of the Snake Pass but chickened out and just went to Whaley Bridge and back home through Buxton and Matlock. Two days later I went over the Snake Pass on another ride. More long lone rides followed – Skegness, Macclesfield, Glossop (again and again).

Then I joined the CTC where typical summer runs used to start at 7.30 a.m. and return up to 12 hours later – things like Langsett and back over Cut Gate (off road).

We had a family holiday at Morecambe and my brother and I decided to ride there instead of going on a coach. Route finding was easy – out through Ripley to join the A6 at Ambergate then follow the A6 through Buxton, Manchester and Preston to Lancaster, turn off for Morecambe, sorted. I explored part of the Lake District before we rode home a week later.

On two consecutive years a few of us in the CTC had an early start rode to the CTC York Rally arriving about 11 am, spent the day at the Rally and then set off about 5 pm to ride home – 160 miles round trip.

I quickly outgrew my “Speedy” and needed a new bike so, during the school holidays, I worked in the rose fields at Wheatcrofts near Bradmore. It was 7.30 a.m. until 5 pm with 1½ hour in unpaid breaks for tea and lunch. Wages were £5 – not per hour, per week! Working like this cut down my cycling but I rode to Bradmore and back. I bought a new Reg Harris Frame for £9.

The CTC had a small racing section (Trent Valley RC) and I was persuaded to ride an evening 25. I thought it would be easy but a 1:13 was disappointing (my brother did 1:06). I rode a few evening tens all around 29 minutes but I wasn't enthused. The turning point came when I rode a Club 50 when I was 17. I actually caught someone (Roger Codling) and did 2:21:33, Pat Gutteridge won with 2:12:03.

Someone mentioned that the ANDCC 100 was on in a couple of weeks so I entered. I didn't have any racing clothing – I rode in an ordinary pair of leather shoes, touring shorts and a white shirt on which my mother sewed some pockets to carry food. A puncture (riding touring tyres, no QR) meant I finished with 5:02 when my aim was to beat 5 hours. Three weeks later I managed 4:59 in the Sherwood 100.

I worked again that Summer Holiday at Wheatcrofts and bought a second-hand fixed wheel bike (£11) that I could also use for racing. The next year (1965) I improved my 50 to 2:16 and my 100 to 4:58 (after losing 6 minutes with another puncture) but at 25s I was stuck in a rut doing 1:07 14 times.

Then I joined Sherwood, got a proper racing bike (£90) and did a bit more cycling!