

Acorn Newsletter

February 2009



Sherwood Cycling Club

President: Mr Frank Beale

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Forum: <http://forum.sherwoodcc.org.uk>

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Three new young members to welcome this month are Alice, Katie and Tom Weeds.

CLUB DINNER SATURDAY 7 FEBRUARY 2009

The Club Dinner is on Saturday 7 Feb. 2009 at the Ramsdale Golf Club, Calverton **NG14 6NU**.

There will be a 3-course meal and the presentation of awards. It is the annual event when the Club can get together socially for an enjoyable evening. Partners, family and friends are welcome. The price is £18 each (cheques payable to Sherwood Cycling Club).

If you haven't yet booked please send your bookings as quickly as possible to: Paul Wilson, 19 Lascelles Ave., Gedling, Nottingham NG4 4GB tel. 0115 9614098.

CLUB RUNS

Sunday runs meet Shearing Hill/Burton Rd junction at **9.30 a.m.** leaving 9.40 a.m.

Wednesday runs meet at Lowdham 9.15 a.m. prompt.

On the first Sunday of each month the club run will be going to the Kingfisher Cafe at the Portland Fishing Lakes near Sibthorpe. Anyone not on the club run is invited to come along to the café. The club run normally arrives about 11.15 a.m. and the café closes at midday.

The club runs are not training runs but are ideal for those who are either new to club cycling or those who want a pleasant sociable run. Separate training type runs are held and these are organised on an ad hoc basis through the Forum.

During the past year I haven't been able to take the usual Saturday morning run and it has come to the point where it can no longer be considered a Sherwood run. Whilst the group has been attracting large numbers there has been a decline in Sherwood members taking part and the run has become more of a free for all. I have also had increasing concerns about the size of the group with respect to the roads and cafes used. I hope to eventually start a new run more suited to catering for new riders and members who prefer a more relaxed club run. What would you like to see?

For those members who wish to train on a Saturday a proper training run would be more beneficial and safer. Of course, it does need someone to initiate these and the Club Forum is the best place to put forward any proposals.

RELIABILITY TRIAL SUNDAY 22 FEBRUARY 2009

Darren Hodgkinson has sorted out a route for an informal 67-mile Reliability Trial on 22 February with no entry fee and no signing on. It is all unofficial just turn up and ride. The aim is for two groups one aiming to get round in 4 hours starting at 9.30 a.m. and a second group at 9.45 a.m. aiming for 3 h 30 min. Start is from Lowdham Village Green by the War Memorial.

The route can be found at:

<http://www.sherwoodcc.org.uk/downloads/SCCReliability09.doc> or
<http://www.sherwoodcc.org.uk/downloads/SCCReliability09.pdf> or
<http://www.bikely.com/maps/bike-path/Sherwood-reliability-2009>

Briefly it is A612 to Southwell, left on B6386 to Oxton Island, straight over and right at crossroads (Whinbush Lane), over A614 (island) onto Longdale Lane, right up Rigg Lane to Blidworth Bottoms, left and right to Blidworth, right at top of hill and right again at the bottom to A614 junction, left to Lockwell Hill island, right on A617 towards Kirklington, left over Eakring Hill, left and right (at Savile Arms) in Eakring to Wellow, left and right to Boughton, right on A6075 via Kirton to Tuxford, right in Tuxford under A1 then right on B1164 (old A1) to Carlton on Trent, right via Ossington to Kneesall, left on A616 to Caunton crossroads, right to Hockerton, left on A617 to Averham, right at Averham through Fiskerton to Thurgarton, left on A612 to finish at Lowdham.

This ride is not a race and it is important to ride safely and with due consideration at all times. The aim is to ride in separate groups and not to try and drop each other! As with all Club rides you ride at your own risk. The route is not marshalled or signed so, if you do not know your way, you need to stay with others who do. We used to do a similar Reliability Trial some years ago but discontinued it because of the poor standard of riding. Please don't spoil this one!

Carry food and drink, basic tool kit and spares, dress for the conditions, take a rain jacket, phone and some money and enjoy it. Hot drinks should also be available at the finish.

CYCLO CROSS, NOTTS & DERBY LEAGUE

Round 14 Thornbridge

Cold but dry conditions for the latest cross, though it was a bit icy.

Scott Hookway won again in the U10's, romping away to win by 11 seconds after also winning the BSCA East Midlands U10 Championship, held earlier in the day.

Sam Marriott rode the U12's on his brand new Islabike, and finished 18th.

In the youth race, Callum Bramley had a good start, but he's been ill over Christmas and his lack of riding told a little as he slipped back to finish 13th out of 22 finishers in a good class field.

Jason (Sam's dad), Craig and Steve rode the Senior race. Jason finished 64th. Craig is getting some form back after his illness and finished 79th out of 94 finishers. Steve, in his first outing for Plowman and riding a bright pink skinsuit, led after the first lap and ended up 3rd in a good class field behind Olympic riders Nick Craig and Liam Killeen.

Round 15 Watchwood

2 home wins for us in our home race on a nice day on a good course.

Scott won again in the U10's but didn't have it all his own way, he was pushed all the way by John Webster of Matlock CC and only managed to open up a gap of 4 seconds on the last lap. There were 45 riders in the U10's, some as young as 4 years old.

Sam Marriott had one of his best rides of the season, finishing 9th in the U12's race.

With Callum absent, we had one representative in the Youth race - Jake Wells, one of our Go-ride riders and he seemed to be really enjoying himself on his way to 17th in the youth race. Jake's one of the younger riders in his age category, so a great result in his first race.

In the seniors, we had Craig and Matt Fostun riding for Sherwood and Steve riding for Plowman. Steve led from the first lap, initially having Dan Booth for company but he opened a gap and eventually won by two and a half minutes. He really made it look so easy and demonstrated why he won the Bronze Medal in the National Championships two weeks earlier. Matt had a decent start and was 30th after the first lap, but the course seemed to suit him and he worked his way up to 15th by the finish despite an inevitable tumble. Craig, also crashed, and finished 60th out of 81.

The cyclo-cross season has now finished for this winter but it is time to think of next winter. Trev wants to have a break from organising so there is an opportunity for someone else to take over! Cyclo-cross is ideal for youngsters and newcomers as it gives a great competition away from traffic.

Overall positions for the season are given below:

Seniors			Youth			Under 12			Under 10		
	Pos.	Pts		Pos.	Pts		Pos.	Pts		Pos.	Pts
Adrian Staiano	63	526	Callum Bramley	10	356	Sam Marriott	11	293	Scott Hookway	1	519
Jason Marriott	66	502	Patrick Hughes	17	150	Lorna Stewart	18	89			
Craig Watson	70	484	Ben Nichols	18	149	Alex Millar	23	31			
Simon Hookway	106	204	Rhianne Murphy	19	114						
Matt Fostun	120	88									
Roger Hughes	129	73									
Darren Hodgkinson	142	54									

This makes Adrian the Club Cyclo-cross Champion.

CLUB MEETINGS 2009 AT ARNOLD VICTORY CLUB

Club nights and open Committee Meetings are held monthly on Mondays from 7.30 p.m. at the Arnold & District Victory Club, Church Drive East, Arnold from 7.30 p.m. Click this link <http://tinyurl.com/ykzvku> for a map.

Confirmed dates for 2009 are 23 February, 30 March, 27 April, 18 May, 29 June, 27 July, 24 August, 28 September, 26 October, 23 November (changed) and the AGM on 7 December.

CLUB MEMBERSHIP 2009

Club subs were due for renewal from January. If you haven't renewed yet please do so as soon as you can. Renewal forms have been sent out to members but can also be downloaded at http://www.sherwoodcc.org.uk/member_form.php . If you delay re-joining until after 31 March you have to pay a £5 joining fee.

If you haven't joined yet, do it now!

CLUB RACING PROGRAMME FOR 2009 SEASON

Date	Race	Start Time
Sunday 22 nd March	1 st 20-mile Circuit TT (Oxton)	9:00am
Sunday 29 th March	2 nd 20-mile Circuit TT (Oxton)	9:00am
Sunday 5 th April	3 rd 20-mile Circuit TT (Oxton)	9:00am
Sunday 19 th April	4 th 20-mile Circuit TT (Oxton)	9:00am
Sunday 3 rd May	Oxton Bank – 26-mile Hilly TT (Oxton Rd/A614)	9:00am
Sunday 31 st May	1 st '25' TT – Granby Course A25/2	9:00am
Saturday 13 th June	Open '25' - A25/25 – Mike Hankin – Open Event – Page 153 in CTT Handbook	5:01pm
Tuesday 23 rd June	The John Watson Trophy – Club '10' Championship Event	7:00pm
Sunday 5 th July	2 nd '25' TT – Granby Course A25/2	9:00am
Saturday 25 th July	Open '10' – A10/14A – Martin Edjvet – Open Event – Page 177 in CTT Handbook	5:01pm
Sunday 2 nd August	3 rd '25' TT – Cromwell Course A25/25 – Albert Sharp Memorial '25' TT Club Championship & Halford Trophy	9:00am
Saturday 8 th August	Judge Trophy – 50 Club Championship – BDCA 50 – A50/6 – Page 183 in CTT Handbook	Check Handbook
Sunday 6 th September	Grand Prix De Gents – 2up Vet & Younger Rider – Circuit TT Course 20 miles.	9:00am
Sunday 13 th September	ANDCC Lighthouse Trophy – A25/2 – (Preference to ANDCC Clubs) – Open Event – NNORC -- -- Page 197 in CTT Handbook	9:01am
Sunday 4 th October	Hill Climb Champs & Freewheel Contest	10:30am
Saturday 26 th December	Boxing Day '10'	10:30am

'100' Championship Trophy can be won by entering any open 100 mile event (A, O or K Course) entered under CTT regulations, Finish sheets to Racing Secretary before October 1st 2009, Fastest rider wins!

Tuesday Evening Tens – Start at lay-by on A6097 about 0.6 miles north of Oxton Island.

Every Tuesday Evening from 07/04/2009 until 18/8/2009 (19 events)

Starting Times: 7/4/09 to 28/4/09 and 11/8/09 to 18/8/09 – 6:45pm. 5/5/09 to 4/8/09 – 7:00pm

Season Tickets are £25 (Under 16 £5). Single events £2 (Under 16 50p). Entry forms are required for Sunday events for handicapping purposes. Open events and ANDCC need entering direct to the organiser with fee and form. Closing dates are the Tuesday 11/12 days before.