

Acorn Newsletter May 2009



Sherwood Cycling Club

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Welcome to Andrew Thompson, Richard Gawthorpe and Mike Hankin's son Thomas who have joined the Club and welcome back to Gavin Wilkinson who has re-joined after a short lapse.

CLUB MEETINGS 2009 AT ARNOLD VICTORY CLUB

Club nights and open Committee Meetings are held monthly on Mondays from 7.30 p.m. at the Arnold & District Victory Club, Church Drive East, Arnold from 7.30 p.m. The next meetings are 18 May and 29 June. Click [here](#) for a map.

CLUB MEMBERSHIP 2009

Club subs were due for renewal from January. If you are re-joining after 31 March Seniors will have to pay the £5 joining fee in addition to the £15 subscription. [Renewal forms](#) have been sent out to members but can also be downloaded. Paid-up members have now topped 100 but there are still some tardy renewals to come!

END TO END

Trev and Sue Adams are riding from John O'Groats to Land End starting in a few weeks. Trev is hoping to do regular updates of the ride on <http://jogler2009.blogspot.com/>.

The ride has certainly provided the incentive for getting in preparatory miles and I'm sure they will enjoy the experience and succeed in their epic 3-week unsupported adventure.

CLUB RUNS

Sunday runs meet Shearing Hill/Burton Rd junction at **9.00 a.m.** leaving 9.10 a.m. Runs are also held on Bank Holiday Mondays 4 and 25 May with the same start time as Sundays. Wednesday runs leave from Lowdham War Memorial 9.15 a.m.

Sunday 3 May is the monthly venue of the Kingfisher Café near Sibthorpe where anyone can meet up with the Club Run.

GO-RIDE

The sessions at Carlton Forum continue on Monday evenings from 7 p.m.

LINCOLN GRAND PRIX

Part of the Club Run had a good day out at Owston for the exciting East Midlands CiCLe Classic on 24 April where Steve Adams finished well up in 13th spot. A lot of other members were spotted watching the race at various points.

Another race to watch (Steve should be riding again) is the [Lincoln Grand Prix](#) on Sunday 10 May. The 88-mile race starts at 10 a.m. and finishes about 1.15 p.m. so the Club Run can go there and see the last half of the race whilst still getting back home at a reasonable time. The centre of Lincoln is the best place to watch as you can see the tough climb of Michaelgate, see the finish in Castle Square and get refreshments.

A fairly direct route for cycling to Lincoln avoiding the A46 can be found [here](#) (shown from Lowdham). You can also look at a map of the [race route](#) if you want to pick another viewing point. The earlier finishing time, compared with a few years ago, means you can ride back and get home by about 4 p.m. (depending how fast you are and where you live, of course).

Last year the race had glorious weather giving a real “Continental” atmosphere with a large crowd. Well worth a trip out to watch it.

RACING NEWS

Matt Shaw has started the season in great form (helped by new wheels!) doing his second fastest ever 54:38 in the BDCA 25 and then closely matching it with 54:46 in the VTTA 25 where Gisli Jenkins did 26:33, Craig Watson 59:34 and Steve Walsh 1:2:34. Steve did 1:7:13 in the N. Mids CF 25 and 1:58:36 in the tough Buxton Mountain TT on Good Friday.

In the VTTA 10 Simon Hookway did 23:13, Craig 24:00 and Martin Edjvet 24:19.

Giles White did 23:13 in the Yeovil 10, 1:17:56 in the Leics RC 10 and 36:00 in the Rudy Project on the Willoughby course where Craig did 37:46 (tired from his 59 the day before, perhaps?).

Callum Bramley took 3rd, 4th and 8th places in recent U16 races at Mallory – a win can’t be far off now. Pete Fostun finished the Melton Kermesse at Owston where son Paul was 5th riding for his new Raleigh Team. Paul went on to win at Mallory two days later where new member Mark Wakeling came 12th.

THIRD 20-MILE CIRCUIT TIME TRIAL SUNDAY 5 APRIL 2009

It was a rather cool morning with a breeze, but at least it was bright and sunny.

Gisli won by a comfortable margin and was also best on handicap to take maximum Acorn Points.

Timekeeper and handicapper was Wayne Bradley (assisted by Jim Hollands)

Name	Time	H/C	H/C Time	Acorn Points
Gisli Jenkins	48:36	Scr	48:36	8
Giles White	51:19	2:30	48:49	6
Craig Watson	54:28	5:00	49:28	4
Matt Shaw	55:31	--	--	1
Matt Hemsley	57:27	--	--	1
Martin Edjvet	1:00:14	9:00	51:14	1
Cameron Davis	1:03:41	--	--	1
Andy Proffitt	48:23	PT		

FOURTH 20-MILE CIRCUIT TIME TRIAL SUNDAY 19 APRIL 2009

Matt Shaw brought out his TT bike and new wheels this week and showed he meant business by beating Gisli.

Wayne was pleased with his handicapping but had it spoilt by Martin running away with it. Martin did knock nearly 6 minutes off his last time so Wayne can be forgiven!

Guy explained the course to son Callum before the race but unfortunately he got it wrong – hence DNF!

Wayne was again assisted by Jim.

Name	Time	H/C	H/C Time	Acorn Points
Matt Shaw	48:46	Scr	48:46	7
Gisli Jenkins	49:27	--	--	3
Mike Hankin	51:26	2:00	49:26	4
Simon Hookway	52:36	3:00	49:36	1
Craig Watson	53:56	4:30	49:26	2
Martin Edjvet	54:38	8:00	46:38	4
Neil Copland	55:44	--	--	1
Steve Walsh	55:49	5:30	50:19	1
Matt Hemsley	58:56	--	--	1
Cameron Davis	1:03:58	--	--	1
Callum Bramley	DNF			
Guy Bramley	DNF			

CLUB TIME TRIALS

The Oxton Bank Hilly 26-mile time trial is on Sunday 3 May starting 9 a.m. on Oxton Lane (B6386) near the Ollerton Road (A614). The route is B6386 to Oxton Island, straight on past Oxton Village, turn left on Southwell road (still B6386) up Oxton Bank down into Southwell. At mini-island turn right (A612) to Upton. On right bend turn left on minor road to A617 junction. Turn left through Hockerton and Kirklington to Lockwell Hill Island. Left on A614 across White Post Island to Northgate, bear right on A614 across Longdale Island, left on B6386 to finish at start point. [Click here.](#)

The first 25-mile time trial is on Sunday 31 May. The start is in Barnstone Village at 9.00 a.m. The course is left after 1 mile Granby Lane, A52 Bingham by-pass, left Langar, Harby, left to A52 Bottesford by-pass, left Elton, Whatton by-pass and left up Granby lane to finish before Granby. View the course [here](#)
<http://www.bikely.com/maps/bike-path/A25-2-Granby-25-mile-time-trial-course>

Tuesday Evening Tens start at lay-by on A6097 about 0.6 miles north of Oxton Island start time is now 7 pm. From the lay-by head north on A6097 to Northgate Island, left on A614 to Longdale Island. Circle island and retrace on A614 to Northgate where turn right with care (move out when clear and then give way to traffic on your left at “give Way” sign). Follow A6097 south past the start to Oxton Island, straight on and finish about 0.6 miles from the island. After finishing turn left into side road that leads back to Oxton. [Ten course link.](#) Entry forms not needed - just sign on.

Except for Evening Tens to get a handicap allowance bring a completed CTT Entry Form to the start. The entry fee is £2.00 (under 16, 50p). To save paying every time you can prepay with a season ticket for £25 (under 16, £5) and this covers all Club TTs including Evening Tens. Under 18s must have a signed Parental Consent Form and all riders should be members of a CTT affiliated Club (such as Sherwood CC). This is for insurance purposes.

ACORN NEWS

If you have any news, items for publication or race results please send them to me so I can include them in the Acorn News.

If you receive a paper copy of the newsletter but could receive it via e-mail please e-mail me to ease my printing work and you will also get it earlier.

OPEN 25 SATURDAY 13 JUNE 2009

Mike Hankin is organising Open 25 on the Cromwell course [A25/2](#) start time is 5pm. Entries (£7.50) have to be in by 2 June you can enter [on-line](#) or send your form to Mike Hankin, 22 Coningsby Road, Woodthorpe, Nottingham NG5 4LH (tel 0115 9265052).

Mike will also need help with marshals etc. We asked (in vain) for a volunteer to recruit the marshals. If you can help please let me know as quickly as possible. By sharing out these jobs it does make them less onerous and we do expect members to do something for the Club otherwise no events would take place.

If you can't help on that day, Martin Edjvet is running the Open 10 on 25 July and you can help then instead.

EVENING TENS LEAGUE

With four events completed Matt Shaw and Gisli are in joint first position but Matt is faster on recent rides.

Cameron is leading the handicap after improving about a minute in each ride so far – if this trend continues.....!

The fastest ride so far is by Steve Adams, resplendent in his Plowman Craven team kit with 21:36 (his course best by a second). He sure to go faster with better weather and when he uses his TT wheels.

So far, Joe is the only contender in the Junior League turning his fixed wheel to good effect.

Events now start at 7 p.m. and return to 6.45 p.m. on 11 August as the daylight becomes restricted.

	7 Apr	14 Apr	21 Apr	28 Apr	S	H
Trevor Adams	31:59	30:57			2	1
Verity Butler	30:11				1	0
Lesley Cliff	33:07	31:33			2	5
Neil Copland	26:41	25:33	25:08		6	3
Cameron Davis	31:46	31:01	29:37	28:26	4	10
Chris Draper	28:23		27:34		2	1
Martin Edjvet		26:55	25:28	25:35	3	8
Pete Fostun	27:17	25:39	24:53	25:18	6	8
Liz Green-Davis	34:18				1	0
Andy Greenstreet	35:47	27:05	26:26	26:42	4	3
Ian Hales		27:55	26:29		2	4
Mike Hankin		25:56	23:50	24:06	7	7
Matt Hemsley	28:17	27:07	27:05	26:46	4	5
Gisli Jenkins	23:38	22:57	22:43	23:14	22	3
Chris Pearson				26:42	1	0
Matt Shaw	24:46	23:37	22:34	22:20	22	8
Andrew Thompson			25:17		1	0
Craig Watson	26:28		24:34	24:53	8	3
Giles White	25:43	24:14		23:25	12	6
Dave Woodward			25:50	25:52	2	4
JUNIORS						
Joe Gosling			25:53	26:05	12	6
2nd CLAIM						
Steve Adams		22:07		21:36		
Matt Fostun				24:04		
Paul Fostun		25:12				

NORWEGIAN CHALLENGE

“In 2009 it will be the fifth summer in a row with rolling Vikings smiling, despairing and laughing while fighting hairpin roads and hidden fjords even most Norwegians have not heard of. And practically all will come grinning and roaring with tears in their eyes up on the final summit on the last day. We hope to welcome just the right mix of young and old, fly-weight, bantams and elephants as in previous years. This mix is surely the single most important contributor to the special informal and warm atmosphere that makes VT much more than another cycling competition.”

www.vikingtour.no/VikingTour.pdf

This looks a grand ride that can be raced or as a challenging tour held this year between 18 and 24 July. If it appeals click the link. If not this year, maybe next?