

Acorn Newsletter July 2010



Sherwood Cycling Club

President: Mr Frank Beale

Web site: www.sherwoodcc.org.uk

Forum: <http://forum.sherwoodcc.org.uk>

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New members this month are Pete Bonnett, Richard Bonnett (his son) and Tegan Hookway (Simon's daughter).

CLUB MEETINGS AT ARNOLD VICTORY CLUB

Club nights and open Committee Meetings are held monthly on Mondays from 7.30 p.m. at the Arnold & District Victory Club, Church Drive East, Arnold from 7.30 p.m. Click this [link](#) for a map. The next two meetings are 26 July and 23 August (a week early due to Bank Holiday).

CLUB RUNS

Sunday runs meet at 9.00 a.m. from Shearing Hill picking up at Lowdham around 9.20 a.m.

Wednesday runs leave from Lowdham War Memorial 9.15 a.m.

The Saturday Easy Runs meet at Lowdham 10.00 a.m. (20-30 miles with a café stop).

The Sunday and Wednesday runs are around 60 miles, depending on the weather and who is out, and return around 1.30 p.m.

The Saturday Easy Runs are at a relaxed pace and have been well supported – at least on fine days.

All the runs are at a sociable pace to suit the majority of riders. If anyone is keen for a longer harder ride or a training run, there is nothing to prevent any member organising these. One-off rides can be arranged on the Forum but, to get maximum support, they are better organised in advance and publicised here. If you are interested, whether it is a one-off or a regular run, just let me know the details e.g. start time and place, distance, pace and I will publish details.

OPEN 10-MILE TT SATURDAY 24 JULY 2010

The next Open Time Trial is a 10 on Saturday 24 July on the A10/14A course (Long Bennington-Gonerby) also starting at 5.01 p.m. Martin Edjvet, 5 Fourth Avenue, Sherwood Rise, Nottingham NG7 6JB (tel 0115 9620572) is the organiser. Entry forms and fee of £7.50 need to be with Martin by 13 July. You can download an entry form from the CTT [website](#).

Helpers are still required, let Martin know if you can help and if you have a preferred job. The last rider will be finished by about 7.30 p.m. Remember that these events cannot be run without sufficient help and organisers prefer volunteers to save them having to spend much time chasing up recruits. Don't just assume that "someone else will do it"!

OPEN 25 12 JUNE 2010

Entries were down for the event this year but there was a clash with the BDCA 100 (with a full field) and I understand there was a football match in South Africa. Fortunately it was dry and mild, albeit a little breezy and some very good times. Matt Botrill (I-Ride.co.uk) won with 48:52 and led the winning team – Geoff Platts “only” did 52:27 and didn’t even make their team!

Our riders were Matt Shaw 54:45, Gisli Jenkins 55:12, Ian Hoggarth 55:53, Simon Hookway 56:27, Mike Hankin 58:45, Dave Woodward 59:17, Steve Walsh 1:00:06 and Martin Edjvet 1:00:22 with varying degrees of delight and disappointment.

Thanks to Mike Hankin and all his helpers for another successful promotion.

SECOND 25-MILE TT SUNDAY 20 JUNE 2010

It was a cool, grey morning with a strong north-westerly wind on the Granby circuit but it did warm up later. This didn’t deter the riders with a total of 14 turning up.

Gisli proved to be the strongest winning from Simon who has been showing some good form this season.

Craig is getting back to racing form and won first handicap.

Ian and Matt decided to forsake their aero aids and languished further down the field than normal.

	Name	Time	H/C	H/C Time	Acorn Points
1	Gisli Jenkins	1:01:35	Scr	1:01:35	4
2	Simon Hookway	1:02:52	2:00	1:00:52	5
3	Mike Hankin	1:04:47	5:00	59:47	5
4	Ian Hoggarth	1:05:10	---	---	1
5	Neil Copland	1:06:14	---	---	1
6	Matt Shaw	1:06:32	---	---	1
7	Craig Watson	1:06:39	8:00	58:39	4
8	Giles White	1:07:05	---	---	1
9	Verity Butler	1:09:38	---	---	1
10	Paul Ward	1:11:11	---	---	1
11	Cam Davis	1:14:30	---	---	1
	Steve Butler	1:05:19	PT		
	Tim Turner	1:08:36	PT		
	Lou Collins Stewart Bates	1:03:19	PT	2-up	

Wayne did the timing and handicapping.

OTHER RACING NEWS

Callum Bramley has now joined Matt and Paul Fostun in the Langdale Racing Team but remains a second claim member of Sherwood. Good luck for the rest of the season.

Three riders did the Newark Castle 25 on 5 June, Matt Shaw 55:32, Martin Edjvet 59:07 and Simon Hookway 1:00:22. On the same day Dave Woodward posted a 22:43 in the Heanor Clarion 10. Gisli did an uncharacteristic 1:01:20 in the National Championship 25, nearly 12 minutes behind Michael Hutchinson. Steve Walsh was our only rider in the Leics RC 10 with 24:12. On 19 June the Melton 25 was very hard and Woody did an excellent 1:03:11, Steve 1:05:38 and Martin 1:06:17.

The South Pennine 25 on 26 June was hot and windy but Gisli found his form with 55:10, Matt 56:32, Simon 59:11, Steve a pleasing 59:43, Woody (feeling bad) 1:00:02 and Martin 1:00:11.

ACORN POINTS

Gisli has regained his lead in the Acorn Points Trophy:

Gisli Jenkins 24; Ian Hoggarth 22; Mike Hankin 21; Matt Shaw 17; Simon Hookway 10; Steve Walsh 6; Verity Butler and Paul Ward 5; Dave Woodward and Craig Watson 4; Cam Davis 3; Martin Edjvet, Pete Fostun, Neil Copland, and Guy Bramley 2; Amanda English, Giles White and Matt Hemsley 1.

EVENING TENS LEAGUE TUESDAYS 7.00 P.M. OXTON

The Club Championship on 22 June went to Ian Hoggarth and was his first win in the series - helped by borrowing Craig's disc wheel.

With eight events remaining Matt is just 3 points away from scoring the maximum of 60 points with 7 wins and 3 second places counting for his current best 10 scores. Gisli has had 5 wins so can still reach the 60 if he wins 5 more. Ian is lying third but has only had one win in 9 rides so is unlikely to challenge for the lead

Mike Mitchell has taken a 6 point lead in the handicap section as he has steadily improved by over 4 minutes but anything can happen in this competition.

	8 Jun	15 Jun	22 Jun	29 Jun	S	H
Trevor Adams					4	12
Sue Adams					4	8
Verity Butler	26:11	26:29	26:24		8	13
Neil Copland					5	6
Cameron Davis	27:58		27:08	26:36	9	15
Martin Edjvet		25:44	25:37	25:23	8	11
Amanda English	29:35	30:10	30:11	30:00	10	15
Alan Fletcher					2	1
Pete Fostun	24:25	25:19	24:19		10	21
Chris Frost				27:18	1	0
Liz Green-Davis					1	0
Andy Greenstreet	26:23				2	6
Ian Hales	27:10	26:32	26:01		17	21
Mike Hankin	23:50	24:08	23:38	24:05	33	16
Matt Hemsley					6	9
Ian Hoggarth	22:50	23:07	22:18		43	15
Simon Hookway					0	0
Gisli Jenkins	23:00	23:24	23:18	22:31	52	14
Mike Mitchell		29:19	28:22	27:58	8	27
John Phimister	25:14	25:50	25:27		10	20
Matt Shaw	22:35	22:49	22:29	22:22	57	20
Mick Swords					5	8
Andrew Thompson			23:37		9	11
Paul Ward	26:52	26:50	26:53	26:06	12	17
Craig Watson	27:19	25:52	25:03	24:48	6	19
Giles White		27:32	24:03	24:03	6	7
Dave Woodward	24:30	25:06	24:51		23	19
2nd Claim						
Paul Fostun	25:11	24:54	23:58	24:10		
Andy Jackson	23:46	24:16		23:27		

FORTHCOMING CLUB TIME TRIALS

On 4 July we have the Club 25-mile Championship for the Albert Sharp Memorial Trophy and the Halford Trophy for the winner on handicap (**don't forget your entry form!**). This event starts 9.00 a.m. (**prompt, do not be late!**) at Carlton-on-Trent using the [A25/25](#) down to Long Bennington on the A1 and back to Cromwell.

Tuesday Evening Tens start at the lay-by on A6097 about 0.6 miles north of Oxtun at 7 pm. The last 3 events on 10, 17 and 24 August the start time is 6.45 p.m.

View course on <http://www.bikely.com/maps/bike-path/Sherwood-CC-Club-10-mile-course>

Remember to bring a completed CTT Entry Form to each event apart from tens, so that you can get a handicap allowance. You can download forms [here](#).

The entry fee is £2.00 (under 16, 50p). Under 18s must have a signed Parental Consent Form.

CLUB CLOTHING

I have a stock of ProVision clothing as summarised in the table. Stock was getting low on shorts and skinsuits and I have some from a new supplier Rush Bikewear. The sizing is different – M is 4, L 5, XL 6 – approximate. The prices are higher but very competitive. Delivery of my order was under 2 weeks.

Rush will be operating a system where members can order items direct so I won't have to keep a stock and have a lot of club money tied up. Details will follow once their web page is set up. We can work something out for those not on-line.

I still have some leisure clothing available – blue with discrete yellow embroidery. These are mainly in larger sizes and are very good value. Also a few black 75th Anniversary T-shirts at the knockdown price of £3.

If anyone wants anything let me know. You can call round to try or I can bring to events or a club night.

BioActive s/s ¾ hidden 3,4,5,6,7	£28.00
Jacquard s/s ¾ hidden 5,6	£25.00
Jacquard winter l/s full zip 4,5,6	£36.00
Jacquard winter l/s full zip new 5,6,7	£39.00
LS Jacquard summer full zip 6	£30.00
LS Bioactive full zip 6	£32.00
Bib Shorts 3,4	£30.00
Wind Vest - light gilet 7,8	£29.00
Wind Vest - light gilet - new 5,6	£30.00
Skin suit s/s 3,4	£49.00
Arm Warmers lycra 4,5	£10.00
Roubaix winter tights 1,2,3,5	£40.00
Vuelta bibtights with pad 3,4,5,6,7	£46.00
¾ Roubaix bibtights pad 3,4,5,6	£44.00
Lycra bibtights 3	£31.00
Sleeveless s/s summer 6	£24.00
S/S Summer jacquard full zip 5,6	£26.00
Windtex jacket 3,4,5	£58.00
Track Mitts S	£10.00
Atom Rain Jackets 3,5,6	£46.00
Seconds Tops S/S kids, 1,2,3	£14.00
Rush	
Bibshorts M,L,XL	£38.20
S/S Skinsuits L,XL	£58.70
Leisure Clothing	
Fleeces L & XL	£14.00
Polo Shirts XL	£10.00
T shirts S, M, L & XL	£5.00
Anniversary T shirts S & M	£3.00

2010 ÉTAPE DU TOUR - Ian Hoggarth

On Sunday 18 July I'm aiming to complete the 2010 Étape du Tour. It scales the Soulor, Col de Marie Blanc and finishes atop the Tourmalet. It's about 110 miles, including 13,500ft of climbing. Think it might be a little trickier than my usual sprints up the Via Gellia.

Anyway, I'm going to be riding it (sadly) in the colours of the company I work for (Thomson Reuters) along with my colleague Paul Smith (he did a couple of our reliabilities back in January) and 34 others from our offices around the world. On the day, there should be about 9,500 riders.

If anyone's interested in finding out what kind of training we've been doing, the problems we've faced, and just how petrified we are then we've been blogging about all sorts of stuff [here](#).

And should anyone be feeling particularly flush with cash and suitably impressed at what we're attempting, then we're also hoping to raise a bit of money for a charity called the Emergency Information Service, which provides information distribution channels during severe natural disasters (details on the blog, including an interview I did with a Reuters journalist who worked for the EIS during the Haiti earthquake earlier this year).

Also, keep an eye out for me in Sherwood CC colours on the Pyrenean slopes during the Tour as I'm sticking around for the week to cheer on Wiggo.

Contacts: (click on name to e-mail)

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