

Acorn Newsletter

March 2010



Sherwood Cycling Club

President: Mr Frank Beale

Web site: www.sherwoodcc.org.uk

Forum: <http://forum.sherwoodcc.org.uk>

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CLUB DINNER SATURDAY 20 FEBRUARY 2010

The Dinner and Prize Presentation was enjoyed by those who attended. Many thanks to Paul and Sue Wilson for organising an entertaining evening with a keenly fought quiz and a raffle with endless prizes. Thanks also to Wayne Bradley for all the work in getting the trophies, medals, engraved and plaques engraved ready for presentation on the evening.

Our President Frank Beale and Chairman Craig Watson did the actual presentation of awards. The Prize Winners were:

Gisli Jenkins: Acorn Points Trophy 26 pts, Bert Morris Trophy for Short Distance BAR 25.967 mph, Albert Sharp Shield for Club 25 Champion 56:46, Winner 1st Circuit TT 50:41 and 3rd Circuit TT 48:36, Winner 1st 25 1:00:14.

Martin Edjvet: Judge Trophy for Club 50 Champion 2:04:00, Gino Brown Trophy for Vets BAR on Standard +13:13, Veterans BAR 24.771 mph, 1st H/Cap 4th Circuit TT, Joint Winner Millennium Trophy Tens League H/Cap 40 pts.

Matt Shaw: John Watson Memorial Trophy for Club 10 Champion, Winner of Evening Tens League fastest 60 pts, Winner 4th Circuit TT 48:46, Winner Oxtan Bank Hilly TT 1:08:47.

Scott Hookway: Jack Henstock Trophy for Club Road Racing Champion 71 pts.

Verity Butler: Joint Winner Millennium Trophy Tens League Handicap 40 pts.

Tom Weeds: New World Trophy for Most Promising Junior.

Joe Gosling: Junior Tens League Winner, Fastest 60 pts and Handicap 60 pts

Adrian Staiano: Club Cyclo-Cross Champion (2008/9 season) 526 pts.

Ian Hoggarth: Halford Trophy 25 Handicap, Joint winner Gran Prix de Gents, Winner 2nd 25 1:02:04.

Giles White: Joint winner Gran Prix de Gents, Winner Handicap 3rd Circuit TT

Steve Walsh: Winner Handicap 1st Circuit TT and 2nd 25.

Darren Hodgkinson: Winner 2nd Circuit TT 50:27.

Mike Hankin: Winner Handicap 2nd Circuit TT

Craig Watson: Winner Handicap 1st 25

Simon Hookway: Winner Handicap Oxtan Bank Hilly TT

A new **Club Team Record of 2:41:55** was set by **Matt Shaw** 52:54, **Gisli Jenkins** 53:35 and **Giles White** 55:26.

The Orford Spencer Trophy for Clubman of the Year went to **Craig Watson**.

CLUB MEETINGS AT ARNOLD VICTORY CLUB

Club nights and open Committee Meetings are held monthly on Mondays from 7.30 p.m. at the Arnold & District Victory Club, Church Drive East, Arnold from 7.30 p.m. Click this link <http://tinyurl.com/ykzvku> for a map. The next two meetings are 29 March and 26 April.

UNCLAIMED CLUB AWARDS

Message from Wayne:

“Can the following people please contact me ASAP, I have a pile of trophies, plaques and medal awards that I want to give out.

Matt Shaw, Simon and Scott Hookway, Verity Butler, Tom Weeds, Adrian Staiano, Giles White, Steve Walsh, Darren Hodgkinson, Mike Hankin, If you don't want the awards or the trophies, please let me know either way.

I can be contacted via personal message on the forum or wayne@sherwoodcc.org.uk or ring 07931-777401.

Any uncollected awards will be eventually thrown away. I still have some from last year!”

CLUB MEMBERSHIP RENEWALS

Forms can also be accessed on-line by clicking [here](#). Existing members should use the Renewal Form and the link also allows a New Member Application Form to be downloaded. New Senior Members and those renewing late pay a £5 Joining Fee in addition to the Annual Subscription.

Time is running out for your renewals. Pay this month or you will lose your access to the Forum, receipt of the Acorn News and you will not be able to ride any time trials.

CYCLO-CROSS

The cyclo-cross season has now finished and the Notts & Derby League has been well supported.

Simon Hookway successfully promoted the Club's round of the Notts and Derby League at Sherwood Pines on 13 February. It was unlucky 13 for one rider who came off and broke his collar-bone creating a bit of drama with the Air Ambulance turning out.

In the Under 10s event Josh Jenkins finished 10th and Lewis Trinder 17th. Scott Hookway was 4th and Alex Holliday 10th in the Under 12s.

We had 4 riders in the Youth Event were Callum Bramley was 6th just ahead of Tom Weeds in 7th. Katie Weeds was well up with 14th and Tom Whiting 17th. Craig Watson was 70th in the Seniors aggravating his bad back by also helping out on the day.

The final round of the League was at Thornbridge were Scott was 5th in the U12 and dad Simon 59th in the Seniors.

Overall the final standings in the League were:

Under 10s: Josh Jenkins 18th (with one ride).

Under 12s: Scott 4th, Alex 24th

Youth: Callum 4th, Tom Weeds 7th, Katie 19th, Jake Wells 30th, Ben Nichols 33rd, Tom Whiting 34th, Patrick Hughes 36th.

Seniors: Craig 76th, Simon 77th, David Staiano 111th, Adrian Staiano 142nd, Guy Bramley 162nd, Roger Hughes 171st.

Well done to all and I hope I haven't missed anyone!

WATT BIKE SESSIONS AT HOLME PIERREPONT

The Nottingham Clarion indoor training sessions in the Sports Hall at Holme Pierrepont continue each Thursday until the end of March. The sessions are 6.30 p.m. until 9.00 p.m. and cost a nominal £2 to cover costs and Sherwood members are welcome to take part.

RELIABILITY RIDES AND CLUB RUNS

Despite it being Valentine's Day with a cold northerly wind 22 riders turned up for the first of the Reliability/Training rides. Two groups set off separated by 7 minutes with the larger, faster second group controlled by Nigel and delayed a bit by Rob's broken seat pin (a long hard ride if you can't sit down!) and Guy's puncture. Most got round sticking to the planned route except for a few missing out Epperstone on the return. Just to even things out I added 2 minutes to the times of those missing this bit. Two guest riders didn't get to the finish and Maria had to divert home to get to work on time. Some were delayed by punctures on the latter part of the course.

For interest these are the times for the 55 miles:

Gisli Jenkins, Nigel White, Paul Fostun and Richard Hardy 2:57; Rob Stevens, Dave Taylor, Chris Aulton 2:59; Nick Wight, 3:01; Matt Shaw 3:03; Guy Bramley 3:16, Callum Bramley 3:23; Tom Walsh 3:25; Simon Hookway 3:27; Pete Lifford 3:30; Jake Jackson 3:35; Blaine Quigley 3:55; Cam and Liz Davis 4:00.

The second event on a slightly longer (63 miles) course was snowed off and used on Sunday 28 February instead. The weather forecast for this was bad first with predictions of heavy snow, then heavy rain accompanied by stormy winds. On the morning we made a last minute switch from the Market Overton route to the Retford route. This was to give a tail wind finish and to avoid the rain belt to the south and east. The dire forecast possibly put some riders off (and there were some work commitments, injuries to contend with) so only four turned up and had a rain-free ride with a tail wind finish. Only Ian Hoggarth and Rob Stevens completed in 3:49 after shepherding Callum round to Ollerton and Maria retiring early on.

The 63-mile route taking in Belvoir and Market Overton will be used on 7 March with a 10 a.m. start from Lowdham. For any struggling on this ride there is an "escape route" on the return. At the top of Harby Hill you can go direct down the hill via Harby, Langar and Bingham to shorten the ride by about 8 miles.

The full route is briefly Orston, Elton, Belvoir, Knipton, Croxton, Sproxton, Buckminster, Market Overton, Wymondham, Waltham, Long Clawson, Hickling and Shelford. Details can be viewed on <http://www.bikely.com/maps/bike-path/Lowdham-Market-Overton> . I have also e-mailed out some pdf maps and cue sheets. If you haven't got one e-mail me. I will have some sheets printed out on the day but print your own if you can. Those with GPS gizmos can download the route from the link above.

We could have some similar rides through the summer if wanted. Perhaps one a month with a long and a short version – say 80 miles and 50 miles? Any thoughts are welcome.

Normal **Sunday runs resume from 14 March – 9.30 a.m. Shearing Hill** picking up at Lowdham around 9.50 a.m. From Sunday 25 April the Sunday runs meet 30 minutes earlier. This gives the run the opportunity to go and see the East Midlands CiCle Classic in Rutland.

Wednesday runs leave from Lowdham War Memorial 9.15 a.m.

The Saturday Easy Runs meet at Lowdham 10.00 a.m. (20-30 miles with a café stop).

CLUB TIME TRAILS

The programme of Club time trials starts again this month with the series of four 20-mile Circuit Time Trials on Sundays 21 and 28 March and 11 and 25 April. Start time is 9.00 a.m.

The circuit starts at the lay-by north of Oxton Island on the A6097 (where the evening tens start). It is two laps of A6097 to Northgate Island, left on A614, straight across the Longdale Lane Island to the B6386. Left down to Oxton Island and left on A6097 to complete the circuit.

As an option you can ride a private trial of just one 10-mile circuit (beginners, the less fit or less ambitious!) but you must make this clear to the timekeeper at the start. View the course on <http://www.bikely.com/maps/bike-path/Sherwood-CC-Club-20-mile-Circuit-Time-Trial>

Tuesday Evening Tens start at lay-by on A6097 about 0.6 miles north of Oxton Island 6 April until 24 August. April events and the last three in August start 6.45 pm, mid-season events start at 7 pm. From the lay-by head north on A6097 to Northgate Island, left on A614 to Longdale Island. Circle island and retrace on A614 to Northgate where turn right with care (move out when clear and then give way to traffic on your left at “give Way” sign). Follow A6097 south past the start to Oxton Island, straight on and finish about 0.6 miles from the island. After finishing turn left into side road that leads back to Oxton. Kit left at the start will be taken to finish. Entry forms are not needed for the Tens but you must sign on.

View course on <http://www.bikely.com/maps/bike-path/Sherwood-CC-Club-10-mile-course>

Remember to bring a completed CTT Entry Form to each event apart from tens, so that you can get a handicap allowance. The entry fee is £2.00 (under 16, 50p). To save paying every time you can prepay with a season ticket for £25 (under 16, £5) and this covers all Club TTs including Evening Tens.

Under 18s must have a signed Parental Consent Form and all riders should be members of a CTT affiliated Club (such as Sherwood CC). This is for insurance purposes.

BOY RIDER BEATS MASS START “CRACKS”

This was the headline in the local paper circa 1950 (thanks to Jack Sharp for the cutting).

The report continues:

“ An 18-year-old newcomer to senior racing beat some of the best massed start riders in the Midlands in the Notts NCU’s 100-kilometre race over the Forest Circuit on Saturday. He was Frank Beale, of the Sherwood C.C. who rode a splendid race, keeping up with the leaders all the way and coming through with a grand sprint at the end to flash over the line inches in front of the Mansfield “crack” G. F. Brailsford.”

Yes, that was our President – a formidable rider in his young days!

Racing on the Forest Recreation Ground was a regular feature at one time. The circuit was tough and used to attract big crowds. In later years the events had to be finished by 9.00 a.m. and that reduced their attraction and popularity. Unfortunately, I believe the circuit is no longer suitable for racing.

Contacts: (click on name to e-mail)

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