

Acorn Newsletter

January 2012



Sherwood Cycling Club

President: Mr Frank Beale

Web site: www.sherwoodcc.org.uk

Forum: <http://forum.sherwoodcc.org.uk>

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Happy New Year Everyone

CLUB MEMBERSHIP RENEWAL FOR 2012

Wayne has set up a system for completing your Membership Renewal Form online. After entering your details a completed form is automatically e-mailed to you in PDF format. You can then print it off and send it with your fee to Rob Godfrey.

Follow this link: https://www.sherwoodcc.org.uk/join_up.php

If you have any problems using it, please let Wayne know. If you are using Internet Explorer 6, it may not work or look correct. Wayne recommends upgrading to version 9 or get rid of IE completely and install Firefox (<http://www.firefox.com>).

This is going to be our first step towards taking online membership applications and payment that Wayne is developing during 2012.

For those not online or without printing facilities blank forms will still be available.

AGM AT ARNOLD VICTORY CLUB MONDAY 5 DECEMBER 7.30 P.M.

The AGM was once again poorly attended – perhaps a reflection of the membership being happy with how things are run? There were few changes made in a fairly short meeting.

Harvey Maddock was added to the list of Vice Presidents and the list is now President – Mr Frank Beale, Vice Presidents - Mr Ron Bates, Mrs Sybil Bates, Mr Trevor Savage, Mr Ed Ward, Mrs Eunice Watson, Mr Roy Elliott, Mr Pat Gutteridge and Mr Harvey Maddock.

The committee remains almost the same but Joe Gosling has stood down as Younger Members Representative and the post is vacant. The list is now:

Secretary - Trevor Adams, Treasurer – Martin Edjvet, Membership Secretary – Rob Godfrey, Club Captain – Ed Ward, Acorn News Editor – Ed Ward, Club Racing Secretary – Wayne Bradley, Club Representative – Dave Woodward
Young Members Representative – vacant, Ladies Representative – vacant, Social Secretary – Paul Wilson, Press Secretary – Gisli Jenkins. Committee members without portfolio – Frank Beale, Roy Elliott, Harvey Maddock, Pat Gutteridge, Dave Gartside.
Volunteers are welcome for the vacant posts.

Dave Woodward has been added to the list of approved timekeepers for Club TTs.

One area of concern arose in the setting of Club Racing Fees. The governing body (Cycling Time Trials) has imposed a doubling of the levy for 2012. This means that £2 has to be paid to the CTT for each ride in Club TTs. To preserve the Club's income the entry fees for 2012 are now:

Seniors and Juniors £3 per event, Private Trials £3 per event, Juveniles £0.50 per event
Season tickets Seniors and juniors £40, Juveniles £5.

The Club Finances are healthy enough to maintain the Club Membership Fees at current levels (they have not been increased for 6 years).

CLUB DINNER SATURDAY 4 FEBRUARY 2012 7:00 FOR 7:30 P.M.

The next Club Dinner and Prize Presentation will be at the [Mapperley Golf Club](#), Central Avenue, Plains Road, Mapperley, Nottingham NG3 5RH. This location is more central and more easily accessible by public transport. Numbers are limited.

The meal will be a choice of soup or prawn cocktail, followed by a carvery with pork and turkey, followed by a choice of sweet and coffee. There will also be a vegetarian option. The Club is also subsidising the cost of the meal so it will be just £15 (children under 12 £5 for the same meal). You need to select your starter and whether you want a vegetarian meal before the function.

Bookings to Paul Wilson, 19 Lascelles Avenue, Gedling, Nottm. NG4 4GB tel 0778 8976488. You can use the booking form or just let Paul know what you want.

RELIABILITY TRAINING RIDES 19 AND 26 FEBRUARY 2011

We are repeating the Sunday pre-season training rides we had last year.

There will not be a normal Club Run on these days. The runs are informal group rides for the purpose of training. They are **not** races and anyone taking part is asked to ride sensibly obeying traffic lights and the rules of the road. The rides will be split into groups – probably two, depending on numbers – with the slower group starting first at 10.00 a.m. from Lowdham. The start time is to minimise potential problems of early frost.

We are trying to cater for varying levels of fitness and those accustomed to longer rides can do extra miles before and/or after the set rides if they want to do more.

There are no entry fees, marshals, feeds, certificates – just turn up and ride. Carry food and drink, repair kit, rain jacket. Anyone is welcome to ride so you can invite non-member friends.

On Sunday 19 February is the [North Route](#) and on Sunday 26 February is the [South Route](#). These routes were used last year and most of the roads should be familiar with regular riders. You can click on the links for a map or download to GPS. If you don't have a GPS take a cue sheet with you and set your computer on zero at the start to aid your navigation.

The North Route has been modified slightly at Andrew Thompson's request. On the return journey, instead of turning right at Halam up to Oxton Bank keep straight on towards Southwell and turn right on Allenby Road and then right again on reaching the B6386 to do the full gradual Oxton Bank climb.

You ride entirely at your own risk and make your own judgement on safety. If side roads look like they could be a bit icy we can use a [main road route](#) via Southwell, Newark, Ollerton, Mansfield, Upton and back through Southwell. This is about 60 miles but has options for cutting shorter if the weather is really bad.

Miles	Where	Notes for North Route 19 Feb
0	Lowdham	A612
2.45	Thurgarton	Turn right
6.19	Fiskerton	Turn left for Southwell
8.63	Easthorpe	Turn right with care.
9		Left before Southwell Workhouse
9.47		Right at Crossroads - care.
10.63	Hockerton	Left on A617
10.72		First right at pub.
13.56		Cross A616
14.06	Caunton	Right at T junction
15.02		Left towards Norwell
16.1		Right at T junction into Norwell
16.64	Norwell	Turn left and straight on past Village Hall
18.66		Right at T junction towards level crossing
19.09	Carlton-on-Trent	Left at crossroads B1164 (old A1)
25.21	Tuxford	Left at T junction
25.54		Follow main route through Tuxford
25.96		Windmill cafe on right
27.47	Markham Moor	Over A1. Direction Retford
29.46	Gamston	Turn left towards Ollerton
30.83		Bridge over A1
31.57		Cafe (Thaymar Ice Cream) on right up driveway
36.17	Boughton	Staggered crossroads (R & L)
37.18		Left at crossroads A616
37.4	Wellow	Right with care
40.12	Eakring	L & R for Eakring Hill Main road or back way through the village
41.65	Eakring Hill	Watch the descent!
43.14		Left on A617
43.44	Kirklington	Right with care
44.11		Right over Southwell Trail
44.57		Left at T
44.61		First right
45.29		Sharp bend, narrow road!
45.53		Left at T junction through Halam
46.66	Allenby Rd	Turn right
46.88		R on B6386
50.11		Descend Oxtan Bank with care.
51.55		Left at T junction
52.02		Join A6097 with care
53.06		Left after mini-island to Epperstone
55.57	Gonalston	Turn right - great care, blind bend
56.01		Join A612 - watch for traffic
56.65	Lowdham	Finish after turning left at Magna Charta

Miles	Where	Notes for South Route 26 Feb
0	Lowdham	Start
1.18		Left into Gunthorpe village
1.82		Left and over Gunthorpe Bridge
2.68	East Bridgford	Over crossroads at top of hill.
3.74		Left on old A46, R to Car Colston
8.26	Orston	Right at T junction
8.48		Right at top of hill
9.61	Elton	Cross A52
10.33		Left at cross roads to Redmile
13.45		Over cross roads towards Belvoir
14.53		Right before the Castle
15.66		Left at T junction (re-group!)
16.79	Knipton	Turn right for Croxton - don't miss!
18.21	Croxton Kerrial	Turn left at Church
18.46		Cross A607
21.77	Sproxton	Follow the main road through
23.6	Buckminster	Left at T junction
24.38		Right at crossroads
27.85	Thistleton	Turn right towards Market Overton
29.57	Mrket Overton	Straight on
31.13		Turn right to Edmondthorpe
33.18	Wymondham	Left at T junction
33.27		First right
33.57		Wymondham cafe on left
35.24	Garthorpe	Right on B676
35.33		First left up minor road
38.02		Over cattle grid
38.22		Another cattle grid
38.23		Straight on into Waltham
38.66	Waltham OTW	Cross A607
41.37		At crossroads turn left.
43.08		Turn first right
45.62		At cross roads R for Long Clawson
47.41	Long Clawson	Turn left on bend
49.75	Hickling	Turn right at T junction
53.66		Over crossroads by the Lime Kiln
54.32	Cropwell Bish.	Right at T junction
54.58		Turn left just before church
55.62	Cropwell But.	Follow the main route
56.46		R on old A46, first left
57.39		Turn R and first left into gated road
57.84		Cross A52. Busy road, take care
58.83		Over the crossroads - care!
59.46	Shelford	
61.17	Gunthorpe	Left on A6097 over bridge
62.96	Lowdham	Finish

BOXING DAY 10 MONDAY 26 DECEMBER 10.30 A.M.

In stark contrast to last year's sub-zero temperatures it was mild and dry but very windy. Nigel rode in shorts but at his speed he needed to keep cool.

Others, riding less vigorously, needed more clothing to keep warm. Andrew, Mike and Verity filled the next three places as would be expected.

A cluster of rides around the half hour followed by yours truly making sure nobody else had the indignity of finishing last.

Wayne assisted by Pat and Jean Gutteridge did the timing.

1	Nigel White	23:51
2	Andrew Thompson	26:39
3	Mike Hankin	27:07
4	Verity Butler	28:51
=5	Pete Bonnett	30:07
=5	Paul Ward	30:07
7	Jon Phimister	30:31
8	Matt Hemsley	30:34
9	Craig Watson	32:29
10	Ed Ward	38:13
PT 2-up	Guy Bramley Callum Bramley	28:40
PT Tandem	Tracey Smith Kevin Smith	29:37

CLUB RUNS

Sunday runs now meet at 9.45 a.m. at Lowdham War Memorial instead of Shearing Hill. Follow this [link](#) for the location. We will allow a few minutes for latecomers **but not the 10 minutes we used to allow**. Starting 10 minutes late encouraged some to arrive at the departure time meaning those who got there on time had to wait around.

Wednesday runs leave from Lowdham War Memorial 9.15 a.m.

The Saturday Easy Runs meet at Lowdham 10.00 a.m. (20-30 miles with a café stop).

The Newfield Dairy Ice Cream Parlour and Cafe has recently opened near Hockerton. Cyclists are very welcome. Range of sandwiches, hot meals, breakfast baps, all day breakfast, beans on toast etc. Also sell a large range of ice cream using milk from their adjacent dairy. It is a spacious, clean, warm and comfortable venue.

Usually open 7 days 9am -5pm. They also have a function room for things like children's parties, educational visits etc. Play area outside (for the summer) if you want to take children.

Web www.newfieldicecream.co.uk tel. 01636 636600. It is about a mile out of Hockerton on the Caunton road on the left after Newfield Farm entrance.

CLUB NIGHTS AND COMMITTEE MEETINGS AT ARNOLD VICTORY CLUB

Club nights and open Committee Meetings are held monthly on Mondays from 7.30 p.m. at the Arnold & District Victory Club, Church Drive East, Arnold from 7.30 p.m. Meetings for the coming year are provisionally on 30 January, 27 February, 26 March, 23 April, 28 May, 25 June, 30 July, 20 August, 24 September, 29 October, 26 November and the AGM on 10 December.

Click this [link](#) for a location map.

Contacts: (click on name to e-mail)

Secretary, [Trevor Adams](#), 16 Glendale Close, Carlton, Nottingham NG4 4FD Tel 0115 9614415
Treasurer, [Martin Edjvet](#), 5 Fourth Avenue, Sherwood Rise, Nottingham NG7 6JB Tel. 0115 9620572
Membership Secretary, [Robert Godfrey](#), 6 Regents Place, Wilford, Nottingham NG11 7AY Tel. 0115 9815226